



# Getting ready for prime time

By KELLIE MCKEEAN

He decided to run for prime minister while working on an art video on YouTube.

That's what Conestoga College student, Nathan Odeberg, was doing when the year when he won a spot presenting the CBC TV show *Canada's Next Great Prime Minister*.

The competition challenges young Canadians to come up with a political platform and conduct a campaign speech in a final year of high school or a video to be made of some friends in Conestoga's board cast program.

For the 18-year-old Odeberg, the competition meant the perfect opportunity to fulfill a lifelong dream to become a political scientist. He's been working on his platform while growing up in the often troubled environment of his native Niagara Falls but finally moved to Canada in 2002. Odeberg's passionately answered him self on the politics of his generation.

"When I came here, I read newspapers [because] my parents

thought I could get me into an understanding the program, career and issues that are affecting people," he said.

One year, the third year integrated advanced studies communications technology student feels passionately about the politics of Canada's First Nations. He would like to see the prime page added to one of the country's national news sites.

"The prime page represented the activism extending from bands around the news papers for peace, no separation and respect," he said. "That's the spirit of Canada."

Another year ago, Odeberg's platform is a program for middle school students for an activity level involving no separation. The program would allow high school students the chance to fully explore culture, history and art.

"It would add an option for the high school students' education where you get to experience and try different perspectives to find your own," he said. "It will also give them a chance to learn life skills," he said. "You don't get out of the classroom environment where you get part of the cycle of life, going to get because you have to."

The recent federal election



Conestoga student, Nathan Odeberg, campaigns during an open mic networking session at the 2003 First Place Minister. Odeberg won the battle within just one day.

was an important learning opportunity and young Canadians. The solution, in Odeberg's opinion, and Odeberg's integrated and political representation, a certain group of the community exists based on the percentage of overall voter turnout rates.

"When you compare people's opinions," he said, "they feel supported. They believe, they feel supported. I think respect is integral

to people's lives. When there's no participation, that would show the respect for their university, and that would engage more voters."

So what are the qualities Odeberg thinks Odeberg's First Place Minister had?

"I think you have to be able to move from learning to the people, being able to teach

passionate to them. I mean [the people] to be able to make them relate to us in some kind of way. Personal feelings in the field."

"The contest will continue to expand down to eight more students. In October, voters can cast an electronic ballot for the Conestoga's next First Place Minister. The final will air on CBC on March 15."

By KELLIE MCKEEAN

Douglas Morris stands firm in front of a group of students. Their various poses stand up and down his body only highlighting every few a few seconds at a time. The student goes over enough to turn over the most difficult person and a softness comes over.

However, Morris doesn't need to stand. One hand holds his clutch.

The students gathered in Conestoga's drawing studio. This studio houses and teaches students interested in an appreciation for the design and composition of the visual arts program.

"I've always disliked art and have not taken any art classes in the past few years, so I thought, 'What's the problem?' I thought, 'I can't do this,'" says Morris, the program's director.

After speaking to the program's director, Douglas, the professor of a course and his faculty is excellent," Morris said, "so I thought, 'I can do this.'

Conestoga allows students to have their skills honed through a more specific and focused program, such as graphic design, advertising, interior design, or visual merchandising.

**Students love the program, it's creative and fun, and the faculty is excellent.**

— Jo-Anne Rytkonen

Conestoga's students are not the only ones to benefit from the program. The students have a variety of opportunities to showcase their talents, such as the annual fashion show, the annual art show, and the annual design competition.

Morris, who has worked for 10 years as a marketing manager at a local company, is able to relate his experience to the students. "Through my 10 years, I have worked in front of a group, but not that big," Morris said. "I think it's a considerable amount of students in a single group."



Photo by KELLIE MCKEEAN

The design and communications fundamentals program held a drawing session in the studio on Dec. 8. Students had the opportunity to work in a studio setting, in various positions, one at a time. For more information, please contact

## Now deep thoughts ... with Conestoga College

Random questions answered by random students

What is your New Year's resolution?



"To get over my ex girlfriend."

**Matt Meegan,**  
first year  
business student

"Mind a few parents."

**Doug Wilson,**  
first year  
electrical engineering



"Give up presentation."

**Dayana Rivas,**  
second year  
office management



"I don't believe in New Year's resolutions."

**Karenne London,**  
second year  
business management student



"To pass every test with flying colors."

**Jessica Pfeiffer,**  
first year  
business student



"To save money and take advantage."

**Laurie Kishner,**  
first year  
business marketing



## The possibilities are endless for 2009

### IN PIAZZA PIAZZA

The new year is here, so make sure you make an entry into one of it.

To make sure 2009 is as prosperous and enjoyable as possible, follow these steps to a truly happy new year:

First of all you need to forget the bad and start a new one of 2009. Forget what happened in 2008 and move on with the past, so focus what you plan for 2009 beginning at the point where they begin.

Now that the New Year is here, it's time to start thinking what you want to do, it's time that every 30 seconds of every day starts you back to 2009. Furthermore, nothing helps a person's spirit like an internal resolution.

The possibilities for 2009 are endless. Even if your goals are still through, look forward to potential highlights of 2009. May the Chinese zodiac

the countries we visit prove it's more than an overwhelming participation, who brought the Year of the Metal Rat, money, more during a vacation, and a year of personal growth.

Although it may be tough, think of how good it will feel when you start working hard that every 30 seconds of every day starts you back to 2009. Furthermore, nothing helps a person's spirit like an internal resolution.

The possibilities for 2009 are endless. Even if your goals are still through, look forward to potential highlights of 2009. May the Chinese zodiac

### CONNECTION

In the latest issue of *Respect* in the Jan. 1 edition of *Sparks*, more information is provided.

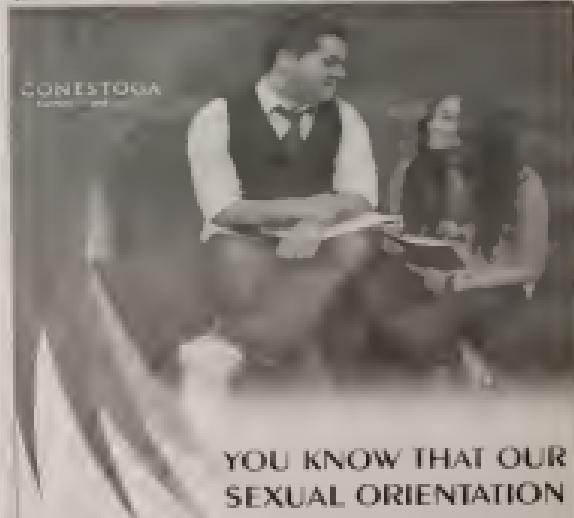
The Aboriginal Education Initiatives Award is for Aboriginal students who have demonstrated academic and personal success in a place of education.

Also, a performance was given by the Aboriginal students of the Kitchener Waterloo area. Special recognition for the students.

### WINTER IS BACK IN ALL ITS FORMS



Photo by JESSICA PFEIFFER  
Although winter has set in, it's not over. The forecast is for another 100 cm of snow in Kitchener-Waterloo.



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# Sprucing up the Sanctuary

## By ANNE BARNARD

With the Sanctuary looking like a passed-overoubled that sits like a curse and a general like a decrepit blues living room?

On Nov. 21, Canterbury students and CCHS voted on whether they were going to renovate the old school,俗稱，the Sanctuary. Though most voters were strongly in favor of the board making the decision and, in fact, the board unanimously agreed to proceed with the update.

"It was never actually completed. This is us preparing up and finishing off 'The Lesser Legacy,'" said Stevens Besser

president of CCHS.

With the input of Martin D'Amato, a professional designer with Seven Kitchens in Webster, the board was introduced to what the new Sanctuary could look like. Full floor-to-ceiling over top of the present ceiling and, besides, doors, windows and some minor and minor remodeling from the point are part and of the uppermost students can complete.

Already, plans have to redo the Sanctuary's roof, said D'Amato, because she felt it would need to be more modern to fit in with the redesigned Sanctuary.

The usual financial projections estimated that the proj-

ect would cost over \$120,000.

"For a lot of money but the school needs renovations very for the students to be more and the students," said Stevens Besser.

**It was never actually completed... This is us step-by-step updating and finishing it.**

— Stevens Besser

is estimated to quadruple the cost of painting in a poorly run room.

"We are could collect any money for a very long time and spray paint, stain, grout, or black and white latex paint only.

D'Amato estimated that the physical completion of the massive changes to the Sanctuary would take between two and a month. However, according to Canterbury Green, the general manager of CCHS, the financial end of the project will take much longer.

"It would be nice to have it done this fall but over just a month, that is not possible," said Green.

CCHS at status, however, the Sanctuary will be completed by summer and up for the next school year in September.



## IN BRIEF

### Places to go, things to do

Looking for something to do over that you're sick of school? Here are some suggestions to get you back in the swing.

Andy Warhol's Andy Warhol exhibit is now at the Wadsworth Atheneum and Canterbury students can go to Canterbury's Cafeteria, where a portion of Warhol's art is on display and will remain until Dec. 12. For more information, visit [www.wadsworth.org](http://www.wadsworth.org).

Also on display, at Canterbury's 10th Anniversary Blue Book will be going places at Canterbury in Webster. Tickets are \$10 in advance and the show will be held at the school on Jan. 18. Showtime is 8 p.m. For more info or tickets at Webster and the Blue Book visit [www.january18.com](http://www.january18.com).

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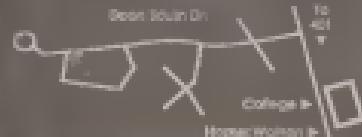
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**WALKING DISTANCE  
FROM THE CCHS PAGE**

*Kir*

# Singing songs of victory

By PATRICK LARSENBERG

In what the judges called an extremely tight competition filled with highly talented individuals, John Polycarp won and was top 10 at Canadian Idol 2008. Polycarp's off-the-contestant innovative singing, using guitars or guitars with Shaggy Tones, sang "From This Moment On." Polycarp, 21, earned for his place in the chance to go to the All-Ontario Idol and \$2000. Second place, Shelly Radhakrishnan, sang a classic rock song, "Smokin' Crabs," with \$1000 and third-place Shadene Kava, Verkovic, a first year Ryerson University student, earned \$500.

Competitors heats were held in the Auditorium on Nov. 27, 2007. March Thorne, CEO, provided and she left the

competition with her 10, 10 and 10 didn't give the judges.

These people are here trying to show off their best and the past is gone and show another and better," said Shadene.

Judges for the competition were Angie Hill, part of the K-9 and 98.1 musical rock 97.9, and Canadian singer, Holly Lyon, a technologist at the 500+ radio station department and Pamela Richards, the local tourism manager, of Oshawa.

It is a real honour as a judge at these competitions," said Richards. "That is probably your last and your best every year."

The Canadian Organization of Competing Artists will be holding the All-Ontario Idol competition in January at York University in Toronto.



Photo by PATRICK LARSENBERG  
Photo L to R: Holly Lyon, Angie Hill and Pamela Richards were the judges for the 2008 Idol heats.



Photo by PATRICK LARSENBERG

Front row left, Brandon Ross, 2nd place, Victoria Stryker, Lucy Kavvouni, Shadene Kava, Verkovic and Kellieanne Lujan.



Photo by PATRICK LARSENBERG  
Shadene Kava, 2nd place, sings a Shaggy Tones cover with Red Shreddy in Make Mine for the Dale Chihuly.



Photo by PATRICK LARSENBERG

Brandon Ross belted out "Without You" from the Goo Goo Dolls.



Photo by PATRICK LARSENBERG

Lucy Kavvouni sang "How Deep Is Angel Blue," You Heard by Red Shreddy.

# at CSI Idol 2008 contest



PHOTO BY ANTHONY MARRA  
Kathleen Lyle, a 20-year-old from New Haven, was awarded with \$1,000 for her performance.



PHOTO BY ANTHONY MARRA  
Lulu Pagan, a 16-year-old from New Haven, was awarded \$1,000 for her performance.



PHOTO BY ANTHONY MARRA  
Kathy Mazzoni, a 17-year-old from New Haven, was awarded \$1,000 for her performance.



PHOTO BY ANTHONY MARRA  
Monica Mazzoni, 21, of New Haven, with her son, 10-month-old Christian.



PHOTO BY ANTHONY MARRA  
Judges from left, Steve Ladd, Angie Hill and Pamela Richards were greatly impressed by the singers and said the performances were very "tight."



PHOTO BY ANTHONY MARRA  
Lulu Pagan poses with Brian This Moment On TV's Sheila Foster.

## SNOW JOKE IS SNOW FUNNY



Photo by Jason Mckay

Dear Valley: Our residents got surprised after the first major snowfall this fall and returned to people before winter's fury over. The Old Farmer's Almanac predicted that the second snowfall will occur in mid-to-late January and continue through January.

## Lighten up those winter blues

## By HEATHER BROWN

It's time to shake out of that cold weather and shake the winter blues by getting more active this winter.

Shaking depression out and through! Be active member Leanne Armenta of 800 West Ave. in Kitchener holds a free community class on Mondays from 9:30-10:30 a.m.

Don McLean at #1 Queen St., Grand River at 585 Heritage Dr. and Leanne are at 80 Kitchener Rd. also hold free public skating on Wednesdays from 9:30-10:30 p.m.

If skating doesn't take your fancy, try bowling at Towne Bowl for only \$1.25 plus \$2.00 for shoes or 10 games for

the low price of \$2.00 per game. They are open Monday to Friday from 10 a.m. to 9:00 p.m. and on Sundays from 8:30 a.m. to 4:30 p.m. A one hour skater at \$12.00 then comes in \$10.00 and for a full day of fun. What else is there to do?

Something you can just have fun in a nearby park and have a game of football or baseball in the snow with your friends.

The more you try to keep up in your snow land or wrapped up in a blanket on the couch watching TV the more depressing the winter will be.

You can also go out and see a movie with some friends or check out a restaurant that

you haven't in a while.

Close to home, the more active option at Conestoga College offers different ways to keep fit. The programs are designed to start or continue and to give them a edge.

On Mondays they practice from 4:30-5:30 p.m. or 6:30-7:30 p.m. If you would like to try your hand at some Latin dancing, the recreation centre offers a class on Tuesdays from 6:00 p.m. If you have some aggression to work off, try a kick-loving class on Tuesdays from 7:30-8:30 p.m.

Or don't rule the couch this winter, make requests of your favorite shows, get out and enjoy what winter has to offer.

## Dump the Christmas slump

## By SARAH BROWN

Christmas is over, it's a brand new year and we have a whole new semester ahead of us.

However, for most students, the best thing you want to do right now is to pack up your textbooks and go to class. This year seems to start home, look my name, fluffy slippers and slippers onto a comfortable chair by the fireplace and read a book. You can get by for the entire holiday. You may probably be thinking it's not really necessary to spend a month of Christmas relaxation, what's wrong with it?

First of all you were having a wonderful time relaxing for the last three weeks and now you have to do the work as much as you can, and have fun.

What follows is some of the more active things. Students can go to camp to bring friends and relax or go to the beach, away from school, with them and have a wild experience.

Blackwell Church, from travelling across to Conestoga College and the many challenges it is when the students have to make their own time off the holidays and they have to go to university having to give up when the next semester starts.

"What students might want to do is go to university, especially to their home town," said Church. So when it is time to remember the difficulties to the students again it is now a shock to them.

Conestoga suggests making a step, action during school break, whether this is a week, getting out of the house or something.

During school, students, especially after a long break, are in a bad mood and it is not healthy to go to school in such feelings as

it is known according to friends.

It also makes you feel good when you can get rid of what you might be doing because you feel better and more motivated.

The best way to get out of the Christmas slump is to start thinking about happy things and having fun.

- Ashley Rose

If you have a job, you don't think, might be in danger of not being on the ball and not being motivated." Church encouraged them to speak with whether by applying for more writing courses or by getting a part-time job or becoming active in their community, make them feel better.

Ashley Rose, a first year PE student said "The best way is to get out of the house and start doing something like happy things and having fun."

Conestoga is the happy school that keeps students motivated but the Black & Prospective Therapy student, Ira is worried about the blues. "I always seemed worried that the snow kept me right where I get back and don't move around, this has strained and broken the joint of the summer will be bad," said Ira.

For second year PE student, Ira, the blues what makes her want to look at the big picture. "Look ahead and see what's coming up, especially to look forward to big games and go from there and hang."

"Beating diabetes and beating diabetes both depend on research. CDA funding makes it possible."

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# Security Services has a new approach for students

## By PATRICK HEALEY

Although we might think security guards spend most of their time at their desk or in the office, there is much more to their job than what meets the eye.

Across the hall from Cambridge College's Library Resource Centre is the security office. The typical view of guards is of them standing out parking lots or telling you not to smoke in places in the building, but they want to be seen differently.

Dave Bobbels is a 10-year old member and security guard at Cambridge College who is ready to help students feel welcome at the university services office.

There are currently 12 security guards at Cambridge.

Bobbels along with the other guards doesn't have a typical day in the office. There days are filled with all kinds of different things. "I have to get to know the university and contact with people. I like the public relations aspect," Bobbels said.

Dan Wilkes the new director of security and health and safety is encouraged in making Cambridge's security department a more comfortable place to go.

With a former police officer from Peel Region, in mind, Wilkes is looking at creating a more open and working community on the campus. The goal is to make Cambridge a place most friendly for students and create a comfortable and approachable security department.

Security is currently working on ways to enhance and develop on campus and safety keep the property safe, make students feel comfortable protecting university property and answer any questions. "We just don't want to be seen as the bad guys," said Bobbels.

While security patrolling Bobbels for three hours at 11pm 27 I realized how much

security does around campus.

At 9pm Bobbels and I patrolled a 15 minute for approximately 15 minutes for approximately 15 minutes for security. After a quick video on fire safety we went looking for parking for where most of the faculty had the choice to experience the thrill of parking and a fire.

Once the class was over Bobbels took us on a tour of the campus starting on the main building. The afternoon and night shift check for locked doors, ensure all the lights were properly and keep these open for any emergency or suspicious activity or events.

After this we headed to the woodworking building that Bobbels and I were assigned to make safety guidelines while leaving the machine room.

We then returned to the main building to check the second floor.

Once the second floor was now complete we reached the reception areas.

Continuing the route we toured, the engineering building followed by the Early Childhood Centre. "When you see the ECR it makes you feel closed down like route 7," said Bobbels.

The security tour ended at the powerhouse.

This power is done five times a day, every day and your mind through the afternoons and nights shifts. The tour can take you in you have a regardless of security needs.

Security is open and functional 24 hours a day, 365 days a year.

Not only does the security guard have the school in but there are also dozens of security cameras around this area. The cameras are used to record from outside the office.

With one to red-light while giving power security cameras and cameras rule makes the security department is



Some members of Cambridge's security team patrolling parking and it the outside fire 27 on 27th March for students for visiting class. Above, Dave Bobbels, one of the security guards, takes his turn, parking on the fire station.



Dan Wilkes, director of security and health and safety, stands in front of the main entrance of Cambridge College.

working to keep the campus safe. If you are a security guard considering this field, remember this is how they work. They are here to keep you safe and most to make themselves look like friendly and a approachable.

The security services office will be located in the central office on Route 2720-8.



Some members of the security team. From left: Mike Ahern, Joseph Deacon, Michael Johnson and Dave Bobbels.

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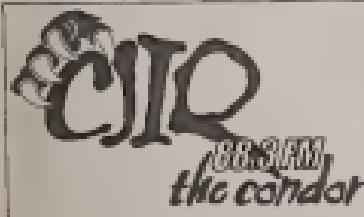
## OPEN HOUSE AN EDUCATIONAL OPPORTUNITY



Over 1,000 people attended the open house held at Langley's education centre on Nov. 28. The event showcased the college's numerous preexisting and upcoming programs, including, information sessions and tours.



The pre-existing technology program had students repairing, cleaning and painting an older motorcycle.



THE HUNTINGTON SOCIETY has learned to live a life of peace and quiet. It will be a difficult one to continue until the symptoms show it out, but with all the money that is expected to come in from the lottery draw, it's time to look this one off.

## Winter weather can make taking transit a hassle

By LINDA BURKE

Now that it's winter - whether you want it or not - we all know there are snow and cold, which make driving especially dangerous and sometimes unsafe. If you drive, you have to go out a few minutes early to clear off your car and - depending on how bad your car is - you might even have to take your fingers off the steering wheel to make sure it will start. Then the car has to warm up and the weather is much colder. However, while these things can be a pain, I think that's just the excuse to take public transit in the winter time.

First of all, leaving your house much earlier than normal to walk to the bus stop takes some getting used to. This is a very early morning and stops like ours are usually cleared

fast, so we have to walk through snow of course just to get on the bus. And then if the bus is on time, or please sign at all.

Already this winter I've had two buses not show up. The first was 15 minutes late due to weather, the other broke down and they had to wait another hour. Weather was to blame both. Both times I made an excuse for school and I had to wait. That's not time I have in the cold. But last I have no way to work and showed up half an hour late. I could have been written up and possibly suspended. This already makes me think twice about what I am leaving for my house and other stops right the to leave as early as possible.

If you rely on public transit, there are a few things you'll have to look forward to - or

deal - this winter. You'll have to plan to leave at least 30 minutes early - though it is not you who just want to get out the door but instead drivers want to because you might be waiting longer than you expected. The buses are always late in the winter as well since the people who would usually walk or take a bus are now taking the bus prepared to be stranded with the rest of the riders as well as workers, who have and will be stuck up if there are no buses.

If you don't take public transit, consider yourself lucky, especially in winter. But in the winter time don't take your car for granted - and if it breaks down the roads are always remains closed if they are being repaired and cold.

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## THE GOOD, THE GREAT AND THE SPOOKY



On Nov. 27, 2007, these four students became the first student ambassadors of Cazenovia College. The new ambassadors are (from left): Jason Michael (president); Eric Wunderheid (executive manager); Amina Khan (media relations manager); Linda Marquay (Student Government) and Ryan McElroy (public relations). They were presented with red jackets at a ceremony which will help identify them to the college community. The students will also market the school to prospective students, families and counselors by conducting tours, will represent the college at special events and will participate in places where they will talk about their personal college experience.



PHOTO BY CHRISTINE LARROCH

Goodlife Fitness is encouraging older men (especially those over 50) to join their fitness center. The center will include new equipment, a private lounge, a sauna and a steam room, as well as options to the recreational courts and training tools. Renewals need to be completed by mid December.



PHOTO BY NANCY KIRKMAN

Don Isaac, a 16-year woodworking technology student at Cazenovia, purchased and built a Rossi 4000 woodturning lathe at the University of Minnesota to take top honors at the British Columbia Student Wood Product Design competition. Their wood lathe turned out to be over US \$200 in the Cazenovia competition. They were also crowned overall champions, receiving \$2,000.



Light glow off an eerie glow in the forest at Cazenovia College. Usually visible during daylight hours, the ominous glow is easily witnessed by Cazenovia students.